



Dear parents,

Our camp recognizes the vital role that free and active play has in the overall development of campers, and for that reason it integrates free and active play into its programming.

### **What is free and active play?**

Free and active play is a self-directed activity that campers carry out individually, but with the supervision of a counselor. This type of play is spontaneous, and there are no official rules. The camper's imagination and curiosity dictate and create the play, based on individual preference, and the camper is free to vary the intensity of movement.

Encourage autonomy and creativity among your campers.

Facilitate the development of social relations.

Allow campers to meet challenges that are achievable and explore personal limitations.

Maximize fun for each camper.

Allow the campers to vary the intensity of movement, based on their interests.

Foster a sense of belonging at camp.

Counselors play a vital role during this period. They act as active observers by providing safe supervision and meeting the needs of campers at all times. They promote the integration of each camper and stimulate their imagination. Speak to your kid about it after they return home.

All counselors at our camp have received training.

**Together, let's give our campers the chance to play and move freely!**

Have a wonderful summer!

