

# CREATE YOUR OWN WORKSHOP

## WORKSHOP



[9 OF 10]

ages  
5-6

ages  
7-8

ages  
9-12

ages  
13 +



No matter the age group,  
it is recommended  
that you begin with level 1.

Level 1	
Level 2	
Level 3	
Level 4	
Level N	

## Making it happen

Special collaboration:

 Sport for Life

 **PARTICIPACTION**