

ACTIVITY



The market at camp!



9-12
ans

Answers

GROCERY LIST



APPENDICES

My grocery list #1

1. I am a red fruit made up of several drupelets, like those on a blackberry

Raspberry

2. I am a vegetable that can be green, yellow, orange or red in colour.

Pepper

3. I am made from soy beans and often cooked in slices or cubes.

Tofu

4. I am a tiny round grain resembling rice. I can be eaten cold in a salad or warm.

Quinoa

My grocery list #2

1. I am a fruit with orange-coloured flesh. My peel is thick and beige or green in colour.

Cantaloupe

2. Technically, I am a fruit, but I am often eaten as a vegetable at mealtime. I am often associated with Italy.

Tomato

3. I am an animal with wings, but I am unable to fly.

Chicken

4. I am a variety of flatbread originally from the Middle East.

Pita Bread

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My grocery list #3

1. I am a round fruit with a peel that can be yellow, red or green, depending on the variety. I am picked in early autumn.
Apple
2. I grow on trees and am sweet-tasting. I am often collected in the spring when the snow begins to melt.
Maple syrup
3. I am a fish favoured by bears.
Salmon
4. I am a food item made with flour and water. I am often served with Italian dishes.
Pasta

My grocery list #4

1. I am a red fruit ~~grown in Québec and~~ picked in a flooded field.
Cranberry
2. I am a fermented food product in the dairy family. I am often purchased in a fruit flavour.
Yogourt
3. I am often spread on sliced bread in the morning. I am known for my creamy taste. Some people are allergic to me.
Peanut butter
4. I am a staple food in several countries, including in China and India. I am used to make sushi.
Rice

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My grocery list #5

1. I am a blue-coloured fruit grown and harvested in Québec during summer.
Blueberry
2. I am a leafy green vegetable often used in salads.
Lettuce
3. I belong to the same family as legumes. I can be green, brown, beige, red, orange, pink or yellow.
Lentil
4. I belong to the crustacea family. My flesh is pink. But be careful: I can pinch!
Crab

My grocery list #6

1. I come from beehives. I am appreciated for my sweet taste.
Honey
2. I am a dark green leafy vegetable that is steamed or sautéed before it is eaten, or consumed raw in a salad.
Spinach
3. I can be consumed as beverage, and I am white in colour. This beverage turns brown when flavoured with chocolate.
Milk
4. I am a yellow and white vegetable grown in fields during summer. I am often used in shepherd's pie.
Corn