

# ACTIVITY



## The market at camp!



# GROCERY LIST



APPENDICES

### My grocery list #1

1. I am a red fruit made up of several drupelets, like those on a blackberry

\_\_\_\_\_

2. I am a vegetable that can be green, yellow, orange or red in colour.

\_\_\_\_\_

3. I am made from soy beans and often cooked in slices or cubes.

\_\_\_\_\_

4. I am a tiny round grain resembling rice. I can be eaten cold in a salad or warm.

\_\_\_\_\_

### My grocery list #2

1. I am a fruit with orange-coloured flesh. My peel is thick and beige or green in colour.

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2. Technically, I am a fruit, but I am often eaten as a vegetable at mealtime. I am often associated with Italy.

\_\_\_\_\_

3. I am an animal with wings, but I am unable to fly.

\_\_\_\_\_

4. I am a variety of flatbread originally from the Middle East.

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### My grocery list #3

1. I am a round fruit with a peel that can be yellow, red or green, depending on the variety. I am picked in early autumn.  
\_\_\_\_\_
2. I grow on trees and am sweet-tasting. I am often collected in the spring when the snow begins to melt.  
\_\_\_\_\_
3. I am a fish favoured by bears.  
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4. I am a food item made with flour and water. I am often served with Italian dishes.  
\_\_\_\_\_

### My grocery list #4

1. I am a red fruit ~~grown in Québec and~~ picked in a flooded field  
\_\_\_\_\_
2. I am a fermented food product in the dairy family. I am often purchased in a fruit flavour.  
\_\_\_\_\_
3. I am often spread on sliced bread in the morning. I am known for my creamy taste. Some people are allergic to me.  
\_\_\_\_\_
4. I am a staple food in several countries, including in China and India. I am used to make sushi.  
\_\_\_\_\_

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APPENDICES

### My grocery list #5

1. I am a blue-coloured fruit grown and harvested in Québec during summer.  
\_\_\_\_\_
2. I am a leafy green vegetable often used in salads.  
\_\_\_\_\_
3. I belong to the same family as legumes. I can be green, brown, beige, red, orange, pink or yellow.  
\_\_\_\_\_
4. I belong to the crustacea family. My flesh is pink. But be careful: I can pinch!  
\_\_\_\_\_

### My grocery list #6

1. I come from beehives. I am appreciated for my sweet taste.  
\_\_\_\_\_
2. I am a dark green leafy vegetable that is steamed or sautéed before it is eaten, or consumed raw in a salad.  
\_\_\_\_\_
3. I can be consumed as beverage, and I am white in colour. This beverage turns brown when flavoured with chocolate.  
\_\_\_\_\_
4. I am a yellow and white vegetable grown in fields during summer. I am often used in shepherd's pie.  
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